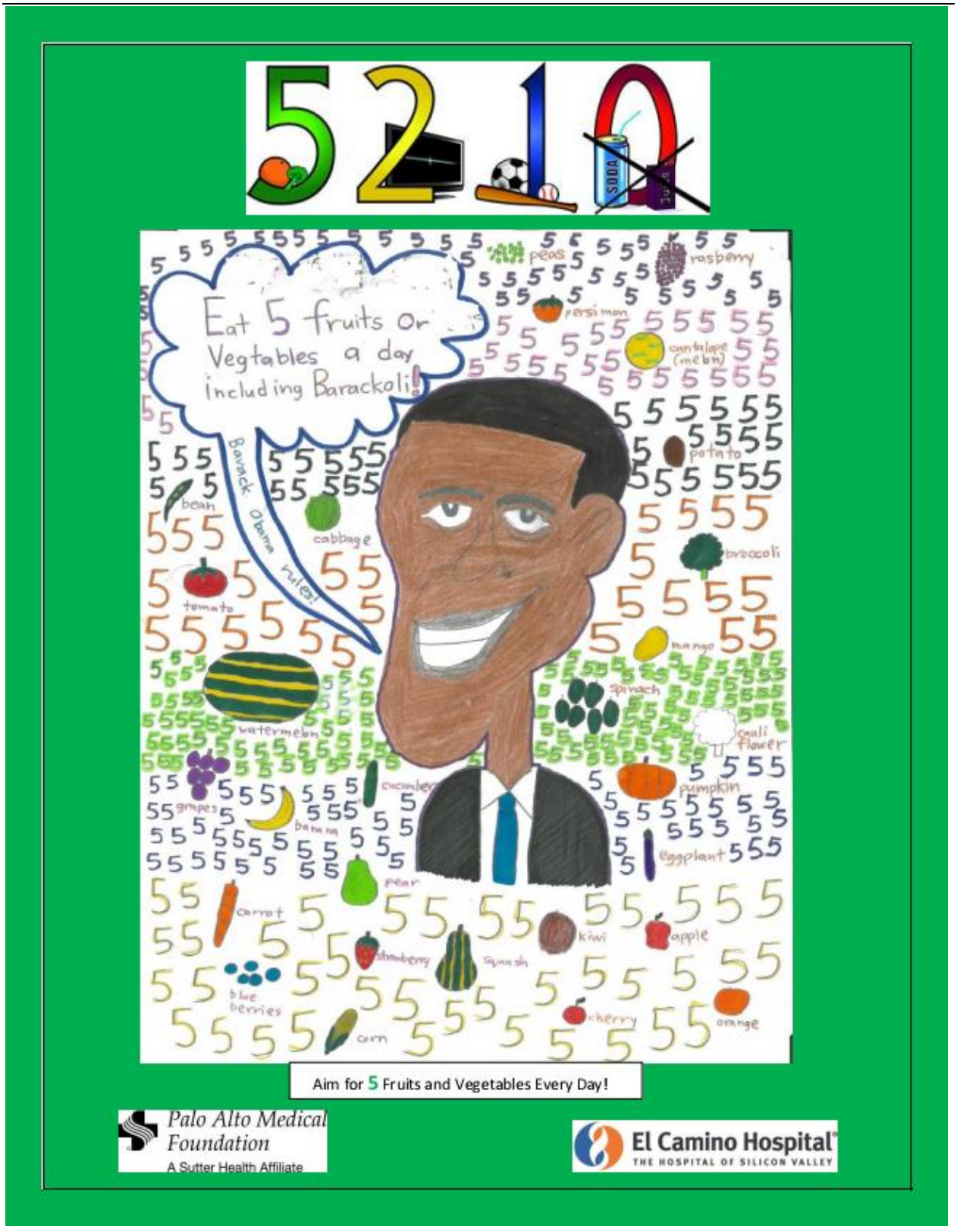

Aim for

5 Fruits and Vegetables Every Day!